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| Fruits | Veggies/Leafy Greens |
| Strawberries  Bananas  Papaya  Apples (Fuji/Gala)  Blueberries  Watermelon  Oranges | Romaine Lettuces (red, green)  Collard Greens  Dandelion Greens  Turnip Greens  Zucchini  Cucumber  Basil  Wheatgrass  Parsley  Spinach  Carrots  Mustard Greens  Broccoli  Bell Peppers (red, yellow, green) |